

REVIEW



March 4, 2022

Message From Administration:

Hello Rouge Park Families,

It has been an exciting week at Rouge Park with the return of some extra-curricular activities. Our athletic coaches have been busy organizing intramurals and competitive tryouts for badminton and basketball. It is fantastic to see the smiles on student faces as they compete for something outside of their regular phys-ed class.

It is hard to believe we are entering the last week before March Break. Most students have returned to face to face learning and there is a much greater sense of normalcy in the building. We can't underestimate the necessity of the personal relationships students form while at school and the void they have been feeling while isolated at home. Our parent presentation on Thursday night provided some great messaging about both parent and child well-being and how to support ourselves and our children during the pandemic. The session was recorded and will be shared with all families.

As always, please reach out if you have any questions, comments or concerns.

Wishing all of our families a wonderful weekend!

Lindsey Maclean	Leeann Morrow
<u>lindsey.maclean@yrdsb.ca</u>	leeann.morrow@yrdsb.ca

Upcoming Dates:

March 10	~Cookie Sales - bring \$1 for a chocolate chip cookie
March 14-18	-March Break
April 7	-School Council Meeting @ 6:30

Screening Tool

Please remember that daily screening confirmation is once again required. Students and families will be required to complete the confirmation of screening before coming to school each morning.

- <u>COVID-19 School and Child-Care Screening Tool</u>
- <u>Elementary School Confirmation Form</u>

Graduation Ceremony - Update

We are pleased to share with you that we will be holding in-person graduation ceremonies in June 2022. This decision was made in consultation with York Region Public Health.

We recognize how important graduation ceremonies are for our students and their families, and we look forward to celebrating this exciting and important milestone. At the same time, we will continue to work with public health and prioritize the health and safety of our students, staff and families in our planning.

We appreciate that you may have many questions about the graduation ceremonies. We will continue to share information and updates with you as guidance is provided by the Ministry of Education and York Region Public Health. Rouge Park's grade 8 graduation ceremony is booked to take place at our school on Tuesday, June 28th.

Walking to School:

Rouge Park is considered a walking school because almost all families live within 1.2 km. of the school. We are strongly encouraging families to walk to school. The fresh air helps with learning and mental health. Even when it's cold, if students dress for the weather, they can walk to school. Most will complain to you about it, but they will feel better and be more ready to learn after a brisk walk in the morning. Our staff is outside for 20 minutes each morning and we **LOVE IT** - please ask your children to join the walking to school movement!

Kindergarten Registration:

Kindergarten Registration for the 2022/23 school year is now on. If you have a child who will turn 4 years old before the end of 2022, they are eligible to begin school in September. There are several ways you can register for kindergarten on or after January 14, 2022:

• Online - Families can access the <u>Online Kindergarten Registration Information</u>. It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.

• By email - Families can download the <u>Elementary School Registration Form</u> and email the completed form to their school email address.

• By phone - Families can request support from the school Principal/Vice-Principal to complete the registration form on their behalf by collecting the required information by phone.

• By mail or appointment. You can mail completed applications to the school, or request an appointment (once schools have reopened) to drop-off your completed paper application form.

 \cdot If you have already registered, you will be hearing from us shortly about bringing in your documents to complete the process.

Moving If you are planning on moving or have moved, please be sure to contact the office so we have your updated information. If you are no longer in our area, you will need to register in the school closest to your home.

Black Mental Health Day

March 7, 2022 is the third annual Black Mental Health Day in Ontario. <u>Black Mental Health Day</u> is a day to raise awareness and draw attention to the impact that anti-Black and systemic racism has on the mental health of Black people, and the importance of structural change across social systems to improve the mental health and well-being of Black Canadians. We will be hosting a drop-in event for Black parents, guardians and youth on Monday March 7, 2022 from 7:00-8:30 PM. **The Mental Health Drop In for Black Parents** is an opportunity for parents to hear and learn about ways to promote and sustain positive mental wellness for their children in light of the ongoing pandemic challenges and the impacts of systemic racism. Please join us for an evening talk about healing strategies and engage in a chance to ask general questions (registration link).

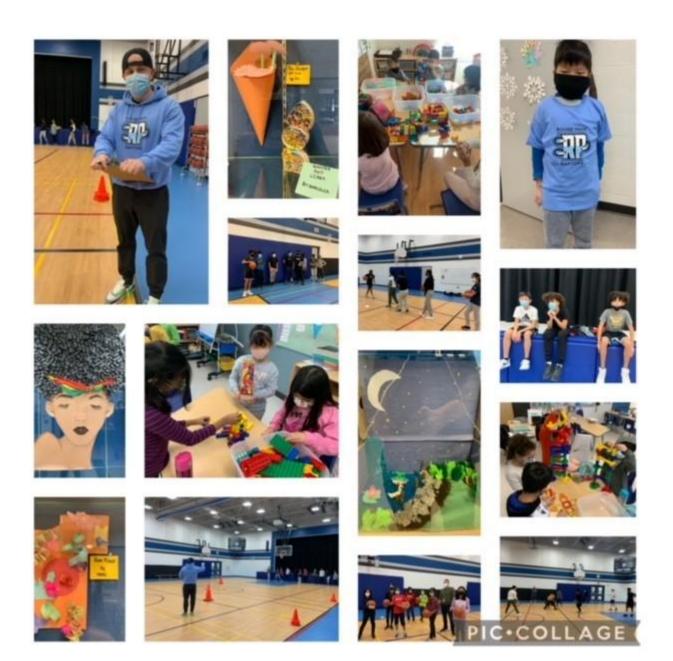


GRADE 3/4 BLACK HISTORY MONTH DISPLAY

PINK SHIRT DAY!



AROUND THE SCHOOL



(SPORTS AND CLUBS ARE BACK!)



Triple P Parenting Seminar

Raising Competent Teens

Set your teenager up for life with the strategies in this seminar which focuses on helping your child get the most out of their school

This session will focus on specific ideas to teach and encourage each of the following skills to becoming confident and successful in school and the community.

- Developing self-discipline
- Establishing good routines
- Getting involved in school activities.
- Being a good problem solver
- Having supportive friends
- Taking part in family decisionmaking

Register today!

Parents, Grandparents and Caregivers of Teenagers (13-18) and Pre-Teenagers (10-12)

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Date: Thursday, March 10, 2022

Time: 10:00 a.m. - 11:30 a.m.

Location: Zoom Link will be provided

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families

More Information:

Oksana Majaski Community & Partnership Developer <u>Oksana.majaski@yrdsb.ca</u>

This free Parent Presentation is brought to you in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board.





Supports for Community Members with Family and Loved Ones Impacted by Events in Ukraine

In solidarity with all of those in our community with family and loved ones impacted by the conflict in Ukraine.

The following are some services currently available to families:

- LifeWorks 24/7 Free Support Crisis Line for Those Impacted by the events in Ukraine: 1-844-751-2133
- <u>Ukrainian Enquiries Phone Line for Clients in Canada and Abroad</u>: 613-321-4243 (Collect calls accepted) More <u>information about Canadian immigration measures</u> for people affected by events in Ukraine are available online by <u>Canadian Immigration and Citizenship</u>.
- Jewish Immigrant Aid Services (JIAS) | ukraine@jiastoronto.org
 - Services for newcomers of all faiths and cultural affiliations.
 - Currently supporting with family sponsorships.
- <u>Emergency Hotline for the Ukrainian Jewish Community</u>
 Info, Guidance & Assistance (Hebrew, Ukrainian and Russian)
 Provided by The Jewish Agency & The International Fellowship of Chistians and Jews
 - From Ukraine: 0-800-504-504603 (Toll Free)
 - From Israel: 1-800-228055 x4 (Toll Free)
 - Assistance Request Form

150,000 - 300,000 Jewish people live in Ukraine. Ukraine is home to the 5th-largest Jewish community in Europe and one of the poorest Jewish communities in Europe. It is also home to the largest Chabad Centre and Jewish complex in the world.

 In-School Settlement Worker, Olga Joukova Supporting Newcomer Families in York Region (Ukrainian, Russian & Hebrew) ojoukova@ccsyr.org | 416-616-6789 Provided by <u>Settlement Education Partnership in York Region (SEPYR)</u>, <u>Catholic Community Services of York Region (CCSYR)</u>
 *Services for newcomers of all faith affiliations.

To assist Canadians concerned about their loved ones in Ukraine, effective immediately, the following phone providers will be waiving all Home Phone and consumer Mobility Postpaid Long Distance charges for calls from Canada to Ukraine until Mar. 31, 2022:

- Bell Canada
- Fido including long distance SMS to Ukraine and roaming fees are also waived.
- Freedom Mobile including long distance SMS to Ukraine and roaming fees are also waived.
- Rogers including long distance SMS to Ukraine and roaming fees are also waived.
- Telus waiving all additional charges for long-distance calls and texts to Ukraine until March 12th
- Virgin Plus

These changes will be applied automatically during the month of March. No action is required by customers.